# Course On Behaviour Change in Infection Prevention & Control and Antibiotic Stewardship

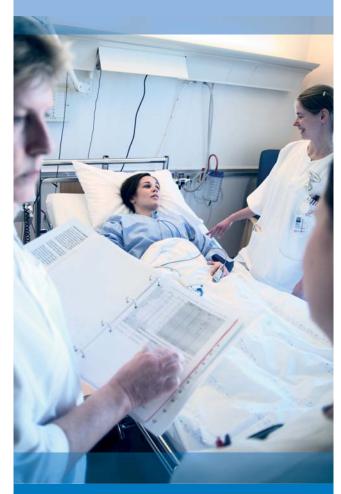


Foto: Oslo universitetssykehu

## IFIC



#### **COURSE DESCRIPTION**

#### **Target Audience**

The course was developed for experienced professionals (including doctors, nurses, administrators) and is especially useful for those leading infection prevention & control (IPC) and antibiotic stewardship teams, having direct input into the planning and implementation of programmes designed to improve compliance with cornerstone practices such as hand hygiene, antibiotic stewardship, care bundles etc.

#### **Course Description**

This highly intensive and interactive 3-day course will study human behaviour theories as well as behavioural drivers and modifiers identified in sociology, psychology and anthropology literature and assess their relevance to IPC and antibiotic stewardship. Interventional techniques related to adult education, human factors modification and behaviour change will also be presented. Models for change, which have proven successful in other settings and in industry, will be explored, together with possible ways of adapting them successfully to IPC and antibiotic stewardship.

Course attendance will be limited, and delegates will be seated in small groups to facilitate dialogue and sharing of experiences. This course will be highly interactive in its delivery. A workshop-type discussion format will be adopted. There will be ample opportunity to share experiences, as well as learn new techniques directly relevant to your work. All lectures and moderators are experts in their topics and have published research and/or presented in international fora.

#### **BACKGROUND**

Despite several decades of evidence based recommendations, studies continue to show that compliance with guidelines for IPC and antibiotic use remains generally sub-optimal. It is becoming clear that, just as much as medical knowledge, competence in social sciences and behaviour change needs to become an essential component of the skills that IPC professionals need to possess. Unfortunately, this crucial component is often lacking both in conventional training courses as well as mainstream literature.

#### **COURSE DATES AND REGISTRATION**

#### Registration:

Norwegian delegates: e-mail: astenber@ous-hf.no.

International delegates: Contact Anne Margrethe Stenberg for

registration: e-mail: astenber@ous-hf.no.

#### **Registration fees:**

Delegates from Norway: NOK 2 900 International delegates: EUR 330

The booking of the course is binding. Deadline for booking: 31<sup>th</sup> July.

**Course fee includes:** course materials, lunches and refreshments.

**Dates:** Monday 15<sup>th</sup> to Wednesday 17<sup>th</sup> August 2016. **Venue:** Felix Conference Centre, Bryggetorget 3,

Aker brygge, Oslo, Norway

#### Accommodation:

Rooms are available at the nearby Thon Hotel Vika Atrium, when booking please specify: Block id: 140816RIKS, Ref.no. 24289024, Rikshospitalet conference 14<sup>th</sup> to 17<sup>th</sup> August, e-mail: vika.resepsjon@olavthon.no.

Room rates (inclusive of breakfast and free WIFI): 14.-15.08.16: NOK 1150,-, 15.-16.08.16; NOK 1291,-, 16.-17.08.16: NOK 1291,-.

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### Behaviour Change in Infection Prevention & Control and Antibiotic Stewardship

#### **PROGRAMMF**

DAY 1 MONDAY 15<sup>th</sup> AUGUST 2016

09:00 - 09.30 Registration

09.30 - 10.30 Welcome **Introduction of participants** 

10.30 - 11.00 Coffee break

11.00 - 12.30 Understanding the fundamentals:

Explanatory behaviour theories.

Dr. Georgina Cairns University of Stirling, Scotland

12.30 - 13-30 Lunch

13.30 - 15.00 Understanding the fundamentals:

Behaviour change theories.

Dr. Georgina Cairns University of Stirling, Scotland

**15.00 - 15.30** Coffee break

15.30 - 17.00 Applying behaviour change theories to

infection prevention & control and antibiotic stewardship

Prof. Michael A. Borg

Mater Dei Hospital, Msida, Malta

DAY 2 TUESDAY 16<sup>th</sup> AUGUST 2016

09:00 - 10.30 Communicating change initiatives more effectively: Appropriate techniques in

> adult education. Prof. Kav Currie

Glasgow Caledonian University, Scotland

**10.30 - 11.00** Coffee break

11.00 - 12.30 Developing effective teaching sessions

and evaluating learning outcomes.

Prof. Kav Currie

Glasgow Caledonian University, Scotland

12.30 - 13.30 Lunch

13.30 - 15.00 Planning behaviour change strategies and adapting them to infection control:

Moving from theory to pratice I.

Prof. Michael A. Borg

Mater Dei Hospital, Msida, Malta

**15.00 - 15.30** Coffee break

15.30 - 17.00 Planning behaviour change strategies and adapting them to infection control:

Moving from theory to practice II.

Prof. Michael A. Borg

Mater Dei Hospital, Msida, Malta

DAY 3 WEDNESDAY 17<sup>th</sup> AUGUST 2016

09:00 - 10.30 Social marketing as a tool to achieve sustained behaviour change in infection

prevention & control.

Dr. Enrique Castro-Sánchez Imperial College London, England

**10.30 - 11.00** Coffee break

11.00 - 12.30 Using social marketing to design effective

behaviour change intervention programmes I.

Dr. Enrique Castro-Sánchez

Imperial College London, England

12.30 - 13.30 Lunch

13.30 - 15.00 Using social marketing to design effective

behaviour change intervention

programmes II.

Dr. Enrique Castro-Sánchez

Imperial College London, England

The programme may be subject to change.